Last Name: _____ First Name: _____ O.O.B: _____

Consent for Dermal Filler Injection

General Information:

Dermal fillers are injectable treatments designed to correct facial lines, wrinkles, and folds and for shaping the facial contours. It may be temporary or longer lasting. In the case of temporary fillers, they are sterile gels consisting of non-animal stabilized hyaluronic acid. In the case of longer acting, bio-stimulating compounds may be composed of calcium hydroxyapatite suspended in a gel (Radiesse) or composed of poly-L-lactic acid (Scultra). Note that hyaluronic acids can potentially be reversed with hyaluronidase. There is currently no reversal agent for Radiesse, Sculptra or Bellafill and thus, careful consideration must be taken for the administration of these products.

I clearly understand that fillers can be:

- Temporary: Sterile gels consisting of a cross linked hyaluronic acid of non-animal origin
- Longer Lasting: Composed of calcium hydroxyapatite suspended in a gel (Radiesse) or PMMA particles suspended in collagen (Bellafill), or poly-L-lactic acid (Sculptra)
- Injected via syringe into the skin to temporarily correct lines, wrinkles, folds, and contours of the face or to temporarily increase the volume of the lips
- Provides correction for an average of 6 months. This effect varies depending on the type of skin, areas of injection, amount injected, injection technique, and patient-dependent factors such as lifestyle and metabolism
- The longevity of fillers in the lips may be reduced because of the high vascularization of the lips (temporary fillers only)
- A topical anesthetic may be administered as necessary by the physician/HCP
- A touch-up in 2-3 weeks occasionally might be needed to enhance aesthetic effects; however additional fillers are not included in the original price

Potential Side Effects and Complications

- **Inflammatory reactions** include redness, swelling, pain, itching, bruising and tenderness at the implant site. These generally have been described as mild to moderate and typically resolve spontaneously a few days after injection.
- **Swelling or nodules** may develop at the injection site.
- **Very rare cases of discoloration** of the injection site have been reported.
- **Rare cases of necrosis** in the glabellar region. Severe skin breakdown and changes can occur in the area between the eyebrows.
- **Abscess, granuloma, or hypersensitivity** have been reported after injections of dermal fillers.
- **Increase risk of bruising or bleeding** at injection site if using blood-thinning agents such as acetylsalicylic acid (Aspirin) or ibuprofen (Advil/Motrin) have been taken prior to the injections.
- Asymmetry or uneven results.

Persistence of any of these reactions for more than a week or the development of other side effects must be reported to the physician as soon as possible.

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- Other types of reactions are rare, but approximately one in every 2000 treated patients has experienced **localized allergic reactions** after one or more injections. These have usually consisted of swelling and firmness at the implant site, sometimes affecting the surrounding tissue.
- **Redness, tenderness, and acne** like formations have also been reported. These reactions have either started a few days after injection or after a delay of a few weeks and have generally been described as mild to moderate and self-limiting, with an average duration of 2 weeks. In rare instances these reactions have persisted for several months.
- On very rare occasions, (less than one in 15000 treatments) **prolonged firmness or abscess formation** can develop weeks to months following the injections and may require further consults with your medical provider to help resolve the abscess through anti-biotic prescriptions and/or subcision and/or excision of site.
- **Grayish discoloration (Tyndall effect)** at the implantation sites have occurred. These reactions can develop weeks to months following the injections and may persist for several months but normally resolve with time.
- Even more rarely, the formation of a **scab and the sloughing** (shedding) of skin at the treatment site has been noted, which could result in a shallow scar.
- In extremely rare cases, **visual disturbances, including blindness,** have been reported.

Contraindications

I have informed my physician/HCP of my medical history and I clearly understand I cannot be treated with a dermal filler:

- If I am pregnant or breastfeeding
- In areas with inflammatory and/or infectious disease skin problems (acne etc.)
- If I have a history of autoimmune disease
- If I am receiving immunotherapy treatments or actively undergoing any cancer treatments
- If I have a known hypersensitivity to hyaluronic acids or calcium hydroxyapatite
- If I am undergoing laser therapy, chemical peeling, or dermabrasion
- If I tend to develop hypertrophic scarring
- If, for whatever reason, I would not be able to return to the clinic within the next 48 hours in case of a complication that needs to be assessed by the injector
- If I have had any dental procedures in the past week or anticipate any dental procedures in the upcoming week after dermal filler injection.
- If I have had reactive side effects from dermal filler treatments in the past
- If I have a permanent implant on the areas I wish to treat
- If I am currently on antibiotics for any reason (precaution)
- If I have plans for air-travel within 2-weeks post-treatment (precaution)

I have informed my physician about all the medications I have taken or am currently taking, including herbal medications (i.e. ginseng).

Post Treatment Care

Last Name: _____ First Name: _____ O.O.B: _____

- I understand that I may experience swelling, redness, or tenderness for a few days following the treatment.
- I agree to follow all post-treatment instructions provided by my provider, including avoiding strenuous exercise, excessive heat, or direct sunlight for 24–48 hours.
- I will contact my provider immediately if I experience any unusual or concerning symptoms, such as persistent pain, significant swelling, discoloration, or signs of infection.
- Rarely, Hyaluronic Acid (HA) fillers need to be dissolved using Hyaluronidase for either cosmetic reasons or, in very rare circumstances, to correct a disruption in the blood supply to a facial area. Rarely, its administration has been associated with anaphylaxis (a severe and potentially life-threatening allergic reaction that requires immediate medical attention in those individuals who also have anaphylaxis to bee or wasp stings.
- Multiple treatments may be required to achieve the desired effect of hyaluronidase, and full results may not occur immediately. Patients receiving this treatment may be expected to remain in the office for a prolonged period following administration to ensure its effectiveness. Patients may also be required to return to the office for follow-up assessment to determine if further corrective treatment is required.

Photographs

I authorize the taking of clinical photographs for my medical chart. I understand they will be kept private unless I have consented approval for marketing use.

Acknowledgment and Consent

By signing below, I confirm that:

- I have provided an accurate medical history and disclosed any allergies, medications, or medical conditions.
- I understand the nature, purpose, and risks of dermal filler treatment, including the potential for adverse effects.
- I have had the opportunity to ask questions, and all questions have been answered to my satisfaction.
- I understand that no guarantees are made regarding the results of the treatment.
- I consent to the administration of dermal filler injections by my provider.

Signature:

Date: